

Central Ohio Technical College
Course Description Listing – Human Services Program Courses
2009-2010 Academic Year

HUM-5280 Principles of Social Work

4 credit hours, 4 contact hours (4 hours lecture and 0 hours lab). Prerequisite: None. Course is graded A-E.

In this course students are acquainted with the field of human services, social work, and related professions, including history and development, legal and ethical issues, and various settings in which services are provided. The roles and functions of the skilled helper in the field of human services will also be examined.

HUM-5281 Interpersonal Skills

3 credit hours, 5 contact hours (2 hours lecture and 3 hours lab). Prerequisite: None. Course is graded A-E.

This course presents basic interpersonal and interviewing skills, with special emphasis on techniques relevant to diverse populations and a multicultural society. Topics include rapport building, active listening, and verbal and non-verbal communication skills utilized in helping relationships. Techniques will be practiced through videotaped role-playing.

HUM-5282 Counseling Theories

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in BHS-1376. Course is graded A-E.

This course presents the major concepts and techniques associated with various counseling theories. Emphasis is on the practical application of techniques, including the advantages and disadvantages of each and the impact on the client-helper relationship.

HUM-5284 Group Dynamics in Human Services

3 credit hours, 5 contact hours (2 hours lecture and 3 hours lab). Prerequisite: C grade (2.00) or better in (HUM-5280 and HUM-5281 and HUM-5288). Course is graded A-E.

This course presents the basic principles of therapeutic group dynamics utilized in the field of human services. Topics include group formation, process, stages of development, leadership skills, and conflict resolution. Students are provided with an experiential awareness of group dynamics and practice of interpersonal skills through participation as a group member in the laboratory setting. Students also practice group leadership skills in this group laboratory setting.

HUM-5286 Case Management - Human Services

4 credit hours, 5 contact hours (3 hours lecture and 2 hours lab). Prerequisite: C grade (2.00) or better in (HUM-5280 and HUM-5281 and HUM-5288). Course is graded A-E.

This course provides the student with basic knowledge and beginning skills in case management. Topics introduced include observation, data collection, documentation, and reporting of client behaviors, as well as identification and referral to appropriate services.

HUM-5288 Counseling Skills

3 credit hours, 5 contact hours (2 hours lecture and 3 hours lab). Prerequisite: C grade (2.00) or better in (HUM-5280 and HUM-5281). Course is graded A-E.

This course builds on the basic interpersonal and interviewing skills learned in the previous course, with special emphasis on learning advanced skills that are appropriate in a helper/helpee relationship. Topics include techniques related to confrontation, focusing, influencing strategies, skill integration, and determining personal style. Techniques will be practiced through videotaped role-playing.

**COTC Course Description Listing – Human Services Program Courses
2009-2010 Academic Year****HUM-5297 Crisis Intervention**

3 credit hours, 4 contact hours (2 hours lecture and 2 hours lab). Prerequisite: C grade (2.00) or better in (HUM-5280 and HUM-5281 and HUM-5288). Not open to students with credit HUM-5287. Course is graded A-E.

This course emphasizes assessment of diverse crisis situations with emphasis on the use of short-term intervention and problem-solving techniques to help individuals and families de-escalate crisis situations and develop appropriate coping techniques. Students must demonstrate skills in laboratory experiences.

HUM-5300 Principles of Chemical Dependency

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: None. Course is graded A-E.

This course explores chemical dependency issues from a historical, cultural, and legal perspective. Current theories of addiction are presented, as well as physiological effects and categorization of numerous addictive substances. An overview of treatment and prevention will also be included.

HUM-5301 Pharmacology of Chemical Dependency

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in BHS-1376 and HUM-5300. Course is graded A-E.

This course extensively examines the composition, uses, and effects of various addictive substances. A comprehensive overview of the central nervous system and drug/neurotransmitter interactions will also be covered.

HUM-5302 Prevention and Treatment of Chemical Dependency

4 credit hours, 5 contact hours (3 hours lecture and 2 hours lab). Prerequisite: C grade (2.00) or better in HUM-5280, HUM-5281 and HUM-5300. Course is graded A-E.

This course covers the theory and practices related to chemical dependency treatment. Strategies and community resources useful in preventing chemical dependency and/or relapse are also presented.

HUM-5303 Family Dynamics and Addiction

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: None. Course is graded A-E.

This course will survey various addictions and examine the interrelationship between family dynamics and the addiction process. Examples of topics include co-dependency, children of alcoholic parents, compulsive gambling, prescription and non-prescription substance abuse, and eating disorders.

HUM-5304 CD Issues with Special Populations

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in HUM-5300. Course is graded A-E.

This course will explore the psychosocial aspects of chemical dependency across the lifespan, as well as within particular populations. Examples of populations covered include the elderly; ethnic minority groups; gays and lesbians; adolescents, including juvenile delinquents; persons who are homeless; and persons who are physically and/or mentally challenged.

**COTC Course Description Listing – Human Services Program Courses
2009-2010 Academic Year**

HUM-5307 Human Services Practicum I

4 credit hours, 16 contact hours (2 hours lecture, 0 hours lab, and 14 hours practicum). Prerequisite: Must be enrolled in the Human Services Program; must have completed a minimum of 36 quarter hours from the Plan of Study; must have received a C grade (2.00) or better in the following: BHS-1376, COM-1535, COM-1536, HUM-5280, HUM-5281, HUM-5284, HUM-5286, HUM-5288, HUM-5300 and (HUM-5302 for Chemical Dependency Counseling Option or HUM-5322 for the Gerontology Option or HUM-5303 for Social Services Option or technical elective for prior to the 2005-2006 Plan of Study); must have permission of the Program Director or the Practicum Coordinator. The student must meet with the Program Director or Practicum Coordinator NO LATER THAN THE FOURTH WEEK OF THE QUARTER PRIOR to when the student wishes to begin a Practicum. Certain conditions, including but not limited to the following, could result in dismissal from the Human Services program and/or failure to qualify for Practicum placement: felony conviction (within the last 2 years) and/or pending charges; current relapse from drug and/or alcohol recovery (within last 12 months); conviction and/or pending charges related to child endangerment, falsification of any documents. Course is graded A-E.

This course is designed to provide 140 clock hours of practical experience in the field of human services. The student will be placed in a human service agency where they will learn agency policies and procedures, observe professionals at work, and practice their own human services skills. Supervision will be provided by a qualified professional and an appropriate college representative. Classroom instruction will focus on discussion of experiences encountered in the practicum setting.

HUM-5321 Social Welfare and Policy

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in HUM-5280. Course is graded A-E.

This course examines the programs and policies of the social welfare system in the United States. Historical development as well as current policies and trends will be analyzed.

HUM-5322 Social Gerontology

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: None. Course is graded A-E.

In this course the knowledge and principles of generalist social work practice are applied to working with people in late adulthood. The physical, cognitive, and psychosocial aspects of aging will be discussed. Special emphasis will be placed on strategies for meeting the needs of an aging population through community and institutional services.

HUM-5324 Social Problems

4 credit hours, 4 contact hours (4 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in HUM-5280. Course is graded A-E.

In this course a variety of selected social problems in contemporary society are studied. Special emphasis is given to the analysis of the problems and evaluation of potential solutions. Social problems to be covered will include both micro-level and macro-level social issues.

HUM-5325 Health and Aging

4 credit hours, 4 contact hours (4 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in HUM-5322. Course is graded A-E.

This course examines the nature of the aging process, the manner in which the individual responds to change, and the ways in which interventions may help with adaptations. A continuum of elderly impairment, from the unimpaired through the minimally, moderately and severely impaired stages of elder functioning is reviewed. Emphasis is on understanding the bio-psycho-social-spiritual needs of the aging person and the major issues, concepts and theories in late stage functioning.

HUM-5326 Social Services for an Aging Population

3 credit hours, 3 contact hours (3 hours lecture and 0 hours lab). Prerequisite: C grade (2.00) or better in HUM-5322. Course is graded A-E.

This course is designed to provide the student with the specialized knowledge base to meet the needs of older persons and their families in a variety of community-based and institutional settings. A basic orientation to the roles of the various providers in these settings is offered. Current social policies and programs are reviewed and discussed throughout the curriculum.

**COTC Course Description Listing – Human Services Program Courses
2009-2010 Academic Year****HUM-5327 Human Services Practicum II**

4 credit hours, 16 contact hours (2 hours lecture, 0 hours lab, and 14 hours practicum). Prerequisite: Must be enrolled in the Human Services Program; have permission from the Practicum Coordinator or Program Director, and have a C grade (2.00) or better in HUM-5307. The student must meet with the Program Director or Practicum Coordinator NO LATER THAN THE FOURTH WEEK OF THE QUARTER PRIOR to when the student wishes to begin a Practicum. Course is graded A-E.

This course is designed as a continuation of practical experience and provides an additional 140 clock hours in a human service agency. The student will increase their level of responsibility in implementing their human service skills. Supervision will be provided by a qualified professional and an appropriate college representative. Classroom instruction will focus on discussion of experiences encountered in the practicum setting.

HUM-5331 Practicum in Chemical Dependency Counseling

4 credit hours, 16 contact hours (2 hours lecture, 0 hours lab, and 14 hours practicum). Prerequisite: Must be enrolled in the Human Services Program; have permission from the Practicum Coordinator or Program Director, and have a C grade (2.00) or better in HUM-5327. The student must meet with the Program Director or Practicum Coordinator NO LATER THAN THE FOURTH WEEK OF THE QUARTER PRIOR to when the student wishes to begin a Practicum. HUM-5331, HUM-5332 and HUM-5333 may not be taken concurrently. Course is graded A-E.

This course is designed as a culmination of practical experience and provides an additional 140 clock hours in a human service agency. The student will be placed in an agency that provides chemical dependency counseling services to clients. The student will implement the specific skills appropriate to this area of specialty with supervision provided by a qualified professional and an appropriate college representative. Classroom instruction will focus on discussion of experiences encountered in the practicum setting.

HUM-5332 Practicum in Social Services

4 credit hours, 16 contact hours (2 hours lecture, 0 hours lab, and 14 hours practicum). Prerequisite: Must be enrolled in the Human Services Program; have permission from the Practicum Coordinator or Program Director, and have a C grade (2.00) or better in HUM-5327. The student must meet with the Program Director or Practicum Coordinator NO LATER THAN THE FOURTH WEEK OF THE QUARTER PRIOR to when the student wishes to begin a Practicum. HUM-5331, HUM-5332 and HUM-5333 may not be taken concurrently. Course is graded A-E.

This course is designed as a culmination of practical experience and provides an additional 140 clock hours in a human service agency. The student will be placed in an agency that provides social services to clients and will implement the specific skills appropriate to this area of specialty with supervision provided by a qualified professional and an appropriate college representative. Classroom instruction will focus on discussion of experiences encountered in the practicum setting.

HUM-5333 Practicum in Gerontology

4 credit hours, 16 contact hours (2 hours lecture, 0 hours lab and 14 hours practicum). Prerequisite: Must be enrolled in the final quarter of the Human Services Program Gerontology Option, have permission from the Program Director, and HUM-5327 with a grade of C (2.00) or better. The student must meet with the Program Director or Practicum Coordinator NO LATER THAN THE FOURTH WEEK OF THE QUARTER PRIOR to when the student wishes to begin a Practicum. HUM-5331, HUM-5332 and HUM-5333 may not be taken concurrently. Course is graded A-E.

This course is designed as the culmination of practical experience and provides an additional 140 clock hours in a human service agency. The student will be placed in an agency that provides social services and will implement the specific skills appropriate to this area of specialty with supervision provided by a qualified professional and an appropriate college representative. Classroom instruction will focus on discussion of experiences encountered in the practicum setting as well as preparation for future career development.